

**ARE YOU THE ORGANIZER
OF THE EVENT FOR RUNNERS
AND WANT TO PRESENT IT
ON THE POLISH WEBSITE**

RUN *AND* **TRAVEL**.pl



COMPLETE THE FORM

- The name of the race:
- Date:
- Start time / Start and finish line location:
- Distance / distances:
- Difference in altitude :
- Time limit / time limits for individual distances:
- Route: /description/
- Nutrition points:
- Obligatory equipment / Recommended equipment:
- Starting fee:
- Benefits:
- Link to registration:
- Other: / e.g. additional attractions during the event, description of the region, etc.,

Link to website:

Link fan page / Facebook:

Link to Instagram:

Link to Twitter:

All information with photos send to the e-mail address: office@runandtravel.pl